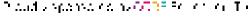


NEWSLETTER

Friday 26th February 2021

Pland vispensa de ny 0005 Felica len Tille.





As you will know, the Prime Minister has announced that schools will re-open on Monday 8 March and I am very much looking forward to welcoming students back to Arena Academy. Students have worked incredibly hard to continue their education from home and I am very proud of the remote learning and support we have been able to offer during these past challenging weeks. However, no virtual experience can replace face-to-face teaching and it is really good to be returning to the classroom.

We are finalising our plans for the first week back, which will include staggering return dates for different year groups. I will confirm these with you as soon as possible. As has been the case throughout the pandemic, the welfare of students and staff is our priority and we will do everything we can to make the school environment as safe as possible.

Along with our existing, stringent measures of staggered timetables, creating dedicated bubble zones, ensuring social distancing and wearing of face masks, we will also be introducing testing. We have already successfully implemented testing for staff and key worker children in school since January. Now, we are considering how best to scale up our approach ahead of 8 March, while keeping disruption to a minimum. Please be reassured that we will follow government guidelines and best practice to ensure testing is safe and efficient.

All staff involved have undertaken rigorous training and we will follow stringent processes to

manage any positive results, isolating those affected and completing thorough track and trace to limit the spread of the virus.

All students must have permission from their parent/carer to be tested therefore, can you please click this link and complete the form if you consent to your child being tested:

https://tinyurl.com/AAcTestConsent

We will be sending a detailed Information pack to all Parents which will include essential information about how pupils will be returning to school and home testing.

In addition to this, we will also be hosting virtual Parent forums next week which will give you an opportunity to ask us any questions about testing and the return of pupils. My team will be using the next week to fine-tune our plans to ensure we have everything in place to welcome students back.

Our focus will be on helping them adjust after this period away from school, and to supporting their catch up in whatever way is necessary.

I would like to take this opportunity to thank you for your patience and support over this past term – it has been a real community effort.

Kind regards

Mr Mann

Headteacher

Arona Academy

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News

Many congratulations to Youseef who has won a top three award for his entry to the Children's Mental Health Week 'Express Yourself' competition!

This is an amazing achievement and thoroughly deserved. We're all so proud of you, Youseef!



"Home" We've been in lock down quite a while, it's getting hard to raise a smile, I sometimes force a rictus grin, But everything is wearing thin, Except myself, I've put on weight, No exercise builds appetite, The Government teil us to stay put, But everyone is hoofin' it, They crowd the beaches pack the parks, And queue for hours, outside, at Marks. Will Boris even find a way To lead us back to yesterday?



Student Work



Judyta - Year 8



Parina - Year 9



Kalishay - Year 10



Molly-Louise - Year 9



Deeya -Year 10

News

Immediate Financial Support for Families

There is a pot of money available to provide emergency food and fuel assistance for families. This support is significant, £50 for food and £50 for fuel. Surprisingly, by the end of January only 100 grant applications had been made.

We know there are families in our school that would benefit from this money. To access this help, please click on the link below and it will identify the correct contact person for your school's locality. These people will make the applications on your behalf and get the support to the identified family.

The contact for the Perry Barr ward is Perry Barr is Kelly Bagnall and her number is 0121 752 1900. She can also be contacted on PerrybarrEHnetwork@spurgeons.org

The list of the ten Locality Leads can be found here:

https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/2156/birmingham_children_s_partnership_resources/2



ChatHealth Text Service - 07480635485

The school health texting service can provide confidential support for students aged 11 years and upwards. They will offer guidance to students around relationships, mental health, alcohol, bullying, self-harm, smoking, drugs and healthy eating.

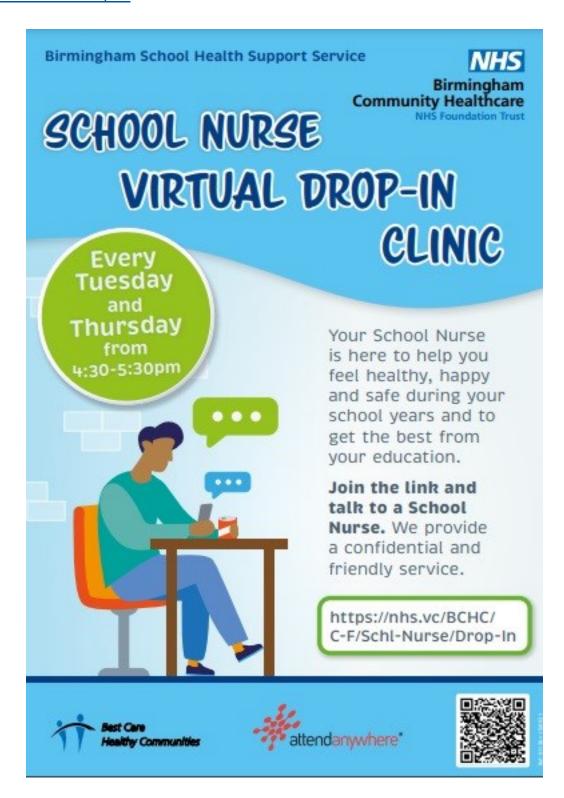
Currently, due to the pandemic, parents and carers are also able to text this number should they need support.

News

Virtual School Nurse Drop-in (Secondary-Age Students)

The virtual school nurse drop-in is on offer to all secondary school age children. This service is not exclusive to the current situation and available all year round. It can be accessed every Tuesday and Thursday between 4.30-5.30pm. This can be accessed via the link:

Virtual School Nurse Drop In



From Birmingham with Love



We've all been through a tough time with Covid-19 and lockdown. For many families it doesn't get easier during the summer holidays, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



Online parenting course. We've pre-paid for every parent in Birmingham to access a
parenting course. Just enter the access code "COMMUNITY" at the top of the page to
claim. There are courses for parents, carers and grandparents of children from bump to
19. Learn about how your child develops, and get tips to manage their behaviour.



Mental health support. In these difficult times we have to look after our mental health.
 For young people aged 11-25 there are forums, guides and counselling available at Kooth.
 If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or email. Adults can get support from MIND by calling 0121 262 3555. Or for urgent help call Forward Thinking Birmingham on 0300 300 0099.



3. Financial help. If you've lost your job, or are struggling for food or rent there are services that can help. <u>Local welfare provision</u> can make a big difference if you are in a crisis and need food, fuel or basic white goods. <u>Discretionary Housing Payments</u> may be able to help with rent. And there are <u>food banks</u> across Birmingham that are here to help.



 Domestic abuse. For women and children affected by domestic abuse please see guidance or confidentially contact <u>Birmingham and Solihull Women's Aid</u>. For Men, please contact Respect.



 Problems with drugs or alcohol. A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call Change Grow Live.



 Bereavement support. It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from <u>Cruse</u>.



7. Early help for families. If anyone in your family needs more help, from public services or community groups, then please contact our <u>voluntary sector local leads</u>. We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also chat to the Police.















Workout Watch!

Our first work out of the week was with Mr Taylor who got the week off to a flying start with a high intensity abdominal and triceps specific workout for **Monday Motivation**.

Tuesday saw Miss Allen putting us through our paces with a Samba routine which raised the temperature as well as the tempo for **Tempo Tuesday**.

On Wednesday, Mr Stephens and Mr Jones were joined by some students for the live workout from the school gym. Freyah and Tenayha took centre stage to lead an exercise each and it was great to see students getting involved in our workouts in school!

The theme for 'Fancy Dress Thursday' this week was Careers. As it is National Careers Week next week Mr Taylor was on his building site digging the foundations, dodging the wrecking ball and climbing his newly built wall whilst dressed as a builder! He made sure he stayed hydrated with his builders tea and wore all the right PPE so the workout was a success!

In true **Friday Focus** fashion we ended the week with a calming yoga stretching routine led by Mrs Joyce and Miss Scott. This was the perfect way to start the day and lead us into the weekend with a positive mental attitude!

Students, hopefully you were shown the promotional video in form time to remind us all of the benefits of regular exercise to our body and mind.

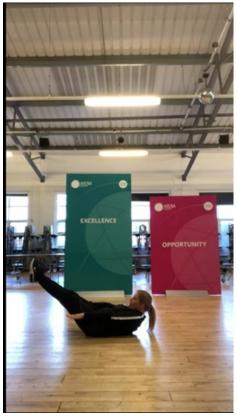
Remember.....Keep Moving...... Keep Active!

Notices:

- There will be no workout on Monday 1st March as we would like students and parents to attend the parent forum from 9-9.20am where possible
- The next 'Fancy Dress Thursdays' theme is 'as random as you can find' and will mark the last fancy dress work out of the remote learning period so look out for a few special guests.
- Please get involved in these workouts with your children as the aim of them is to engage
 the whole school community in exercise for our mental and physical health benefits. We
 would love to see some pictures of the fun you are having whilst enjoying our morning
 workouts!
- Lastly, you will have noticed that our very own 'Joe Griggs' aka Mr Grigg was absent from workouts this week; this is due to him becoming a father to a beautiful baby girl so big congrats to Mr Grigg and his family!

Workout Watch!



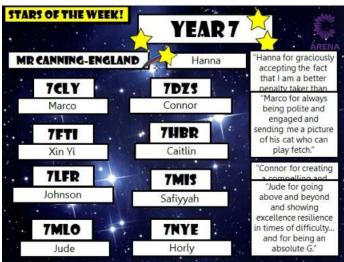


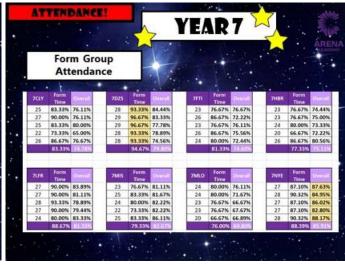


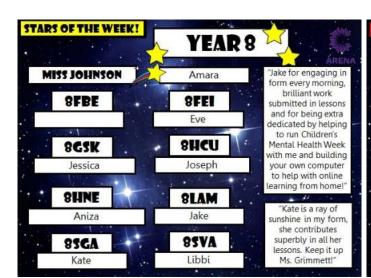




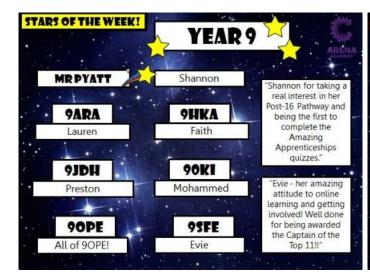
Stars of the Week and Attendance







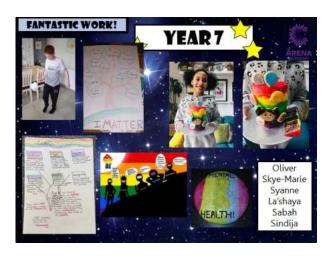






Stars of the Week and Attendance





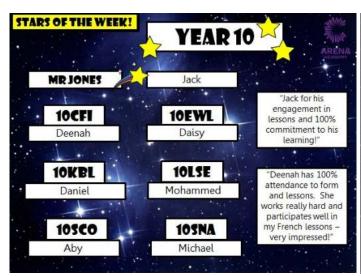


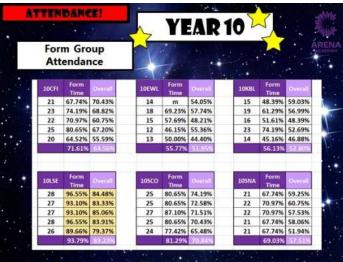


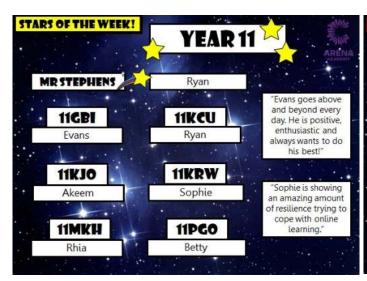


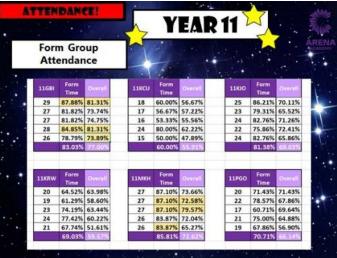
Amazing work everyone!

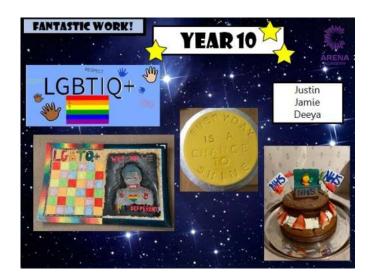
Stars of the Week and Attendance













Arena Careers supports National Careers Week March 1st <u>-</u> 6th

OPPORTUNITY

Career Week will see the launch of Arena Careers webinars where we will be joined by some amazing people from the world of work, who will discuss their careers with students.

Over the weeks, our students will have opportunities to hear about the career journeys of Arena staff, CORE trust staff and those of our governors. In addition, people from all fields will be invited to share information about the job that they do, empowering students with the knowledge they need to make informed decisions about their futures.

Schedule of Speakers.

Please encourage your child to sign up to these webinars:

Wednesday 3rd March

Doctor Misha Badial
A consultant ophthalmologist



Thursday 4th March

John Woodyatt

Arena Academy's Chair of Governors and a consultant



Thursday 4th March

Emma Ruffinato

Head of People and Organisation Development with CORE Educational Trust



Birmingham Career Service Virtual career Event Wednesday 3rd March (sessions throughout the morning & repeated in the afternoon)

This is aimed at students in year 11 and their parents

"Parents/Carers are invited to our special evening webinar 5:00pm to 6:00pm giving you the chance to find out more about the options and opportunities available for young people at 16+ and an opportunity to put your questions to our qualified Careers Advisers."

Students – "Want to find out about what options are available to you after you leave school? Join us and we can give you the lowdown on all the options and opportunities available to you, meet with employers, colleges, training providers and ask those all-important questions."

Registration for both can be found:

https://www.birminghamcareersservice.co.uk/my-choices-careers-event/



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Next week we have webinars for all students, including Doctor Misha, who is a consultant ophthalmologist. She will be joining us on Wednesday 3rd March.



Please encourage your child to sign up to these webinars

Can You or Someone in Your Family / Place of Work Support?

Are you or someone you know able to offer support to feature in one of the weekly webinars?

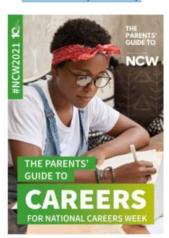
It could be to share:

- · Your career journey
- Information about the job sector that you work in and your role
 - · Interview / CV advice / hints & tips
 - · What skills do employers look for
- A virtual tour of your workplace and meet some of the people who work there
- Plus any other ways that will support our students to understand the opportunities available to them

If you are able to support, please contact Mrs Batsford <u>mbatsford@arena-birmingham.academy</u>

Download the information pack for parents & carers:

https://nationalcareersweek.com/ download/24531/



The Parents' Guide to – National Careers Week 2021

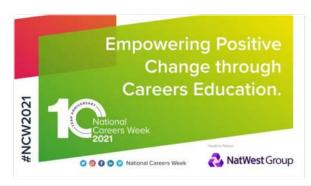
The Parents' Guide to provides parents with the information they need to help their teenage children make the right choices to create successful futures after GCSE and sixth form.

If you or your child have any questions about careers / post 16 and beyond, please get in touch:

mbatsford@arena-birmingham.academy

NCW have a Virtual Career Fair all week, with different activities and organisations each day. It goes live on Monday 1st and can be found here:





Arena Careers supports National Careers Week March 1st <u>-</u> 6th



FUTURES

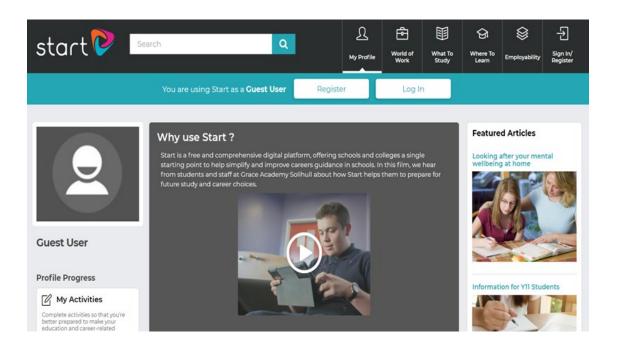
The job market as we know it will constantly change, with many jobs disappearing while new ones will emerge. Preparing our young people to be career ready is really important. The 'Future of Work' gives some indication as to how future jobs may change:

https://nationalcareersweek.com/download/23898/

Start Profile (<u>www.startprofile.com</u>)

To help develop an understanding of all of the different job sectors, we encourage all students to sign up to this free website. Here, students can complete simple questions to help build up their own personal profile which will then give them a list of jobs that match their profile. Students can then further research these jobs to find out what job sector they belong to and see other roles within the sector. There are lots of areas to explore on the site which should encourage students to explore further.

Please would you encourage your child to sign-up to this site.



If you or your child have any questions about careers / post 16 and beyond, please get in touch: mbatsford@arena-birmingham.academy

Arena Careers supports National Careers Week March 1st - 6th

Titan Partnership Virtual Careers & Skills Fair

This is a great opportunity for all students and their families to visit a virtual career fair that offers a great deal of information. It will run until the end of July (the competition area is in the process of being updated)

There are many areas to explore; https://www.titancareersandskillsfair.com/

