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# Retrieval Practice



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**Click the link below to watch a video on retrieval practice**

[\(2146\) How to use Retrieval Practice - InnerDrive Online Academy - YouTube](#)



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Not all revision techniques are equal.

Some are very effective while others make little impact.

One of the most effective revision methods is **retrieval practice**.

# 9 Ways to use retrieval practice

by @inner\_drive | www.innerdrive.co.uk





Past papers are one of the most useful and accessible methods of retrieval practice.



By doing past papers – most of which are free online or available through your teacher – you can use retrieval practice with content that is directly relevant to your exams

**You can download past exam papers yourself from the Internet**



Multiple choice tests are useful if you are at an earlier stage of revision, as you don't need to know the answer instinctively; you just need to be able to recognise the correct answer from a set of options.

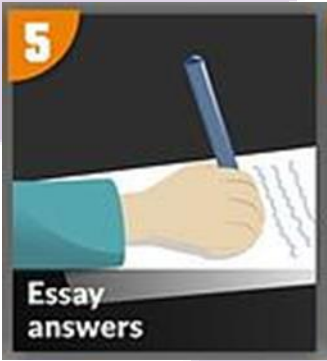


This is a good form of retrieval as you are responding to a question, but you can select the right answer rather than create it from scratch.

Multiple choice tests may be useful before you use past papers



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Essay answers may be included in your past papers

They are a useful method of retrieval practice independently too. This is because they require you to synthesise multiple pieces of information into fluent prose and likely perform some analysis, which will improve retention more than merely recalling isolated facts.

Research has shown that the more you do with information, the more likely you are to recall it.



**Answering a spoken question** is a useful form of retrieval practice as replying aloud makes you think about the information differently and make quick connections under pressure.

Other research has found that **reading things aloud** is more beneficial than in silence, as it prompts a range of senses and actions.



Flashcards you've made yourself are great because all the questions are directly relevant to your exam rather than being generic questions about the topic.



You know what you need to be tested on the most, so you can tailor the questions to your weak spots while using retrieval practice.

A free set of flash cards will be given to you at the KS4 information event





One of the most effective methods of learning is teaching others. This approach combines teaching others with answering questions, so is doubly effective for helping you learn.



It also allows you to involve others in your learning, which is useful as having a supportive group around you is important for doing well at school.

Answering questions from someone lets you discover how well you understand the material, as you'll need to explain it to them and they can ask follow-up questions to test your knowledge even further.



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# Summary

Retrieval practice is one of the most effective ways to revise.

By answering questions rather than merely reading or highlighting information, you're putting yourself in the best position possible to succeed and remember as much of your subjects as possible.