

MEAT FREE

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- MEAT FREE MONDAY

5 A DAY

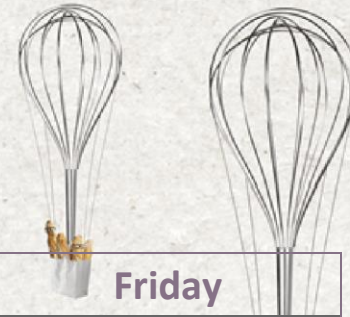
5 A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



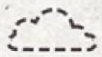
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish £1.70/£2.30	Vegetarian Sausage, Red Onion Gravy And Champ Mash Potato	Beef Lasagne With Crusty Garlic And Herb Bread	Roast Turkey Or Quorn Crispy Roast Potatoes And Gravy	Chicken Curry Pilau Rice And Cucumber Raita	Crispy Battered Fish With Chunky Chips, Peas
Vegetarian Main Dish £1.70/£2.30	Sweet Potato And Squash Stew With Pea And Mint Couscous	Quorn And Vegetable Lasagne With Crusty Garlic And Herb Bread	Cheesy Potato And Leek Pie Served With Crispy Roast Potatoes	Aubergine And Chickpea Dhansak, Pilau Rice And Cucumber Raita	Falafel In A Wholemeal Pitta, Crunchy Slaw And Chunky Chips
Accompaniments (Vegetables Included With Meal)	Roasted Root Vegetables Green Beans Oven Baked Wedges £1.10	Crisp Mixed Salad Corn Of The Cob Chips £1.10	Steamed Carrots Broccoli Oven Baked Wedges £1.10	Roasted Carrots Sweetcorn Oven Baked Wedges £1.10	Garden Peas Crisp Mixed Salad Chips £1.10
Street Food	Mac & Cheese Garlic Bread £1.70	Chicken Burger/ Cheese Beef Burger £1.50	Sweet Chilli Chicken/Quorn Filled Folded Naan Bread £1.70	Chicken Wings, Rice & Coleslaw £1.70	Hot Dog With Onions & Chips £1.70
Hot Handheld	Cheese & Tomato Pizza 95p	Hot Meatball Sub Cheese & Tomato Sub Hot Wrap Of The Day (H)	Hot Panini Meat & Veggie Hot Wrap Of The Day (H)	Bbq Chicken Pizza Cheese & Tomato Pizza Hot Wrap Of The Day (H)	Variety Of Pizzas Hot Wrap Of The Day (H)
Extras	Jacket Potatoes Sandwiches/Baguettes Grab & Go Pasta King	Jacket Potatoes Sandwiches/Baguettes Grab & Go Pasta King	Jacket Potatoes Sandwiches/Baguettes Grab & Go Pasta King	Jacket Potatoes Sandwiches/Baguettes Grab & Go Pasta King	Jacket Potatoes Sandwiches/Baguettes Grab & Go Pasta King

All Main Dish/ Vegetarian Main Dish Are £1.70 Individually Priced Or £2.30 For A Meal Deal (Main Dish/ Vegetarian Main Dish + Tray Bake Or Hot Pudding + Small Water OR Main Dish/ Vegetarian Main Dish + Large Flavoured Water. Everything Else Is Individually Priced.

Due To Supplier Issues Sometimes Menu Items Change From Time To Time.



MENU

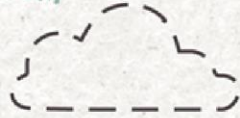


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5 - 1 OF YOUR 5 A DAY
A DAY

H = Halal

 - CHEF'S CHOICE



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MENU